

PSHE Progression Map 2021-2022

	Autumn 1	Autumn 2	Spring	Summer
Reception				
Year 1 Spring 2020 onwards uses the Decision1 PSHE scheme	Relationships: Feelings & emotions - 1. Grid A 2. Grid C 3. Grid D Healthy Relationships - 4. Grid F 5. Grid G 6. Grid J (anti-bullying week (this could incorporate Grid E) Themes: Feelings and emotions: recognise feelings in self; special people; behaviour and how people's bodies and feelings can be hurt Healthy Relationships: secrets and surprises; working together; boundaries and relationships; resolving conflict; teasing and bullying	Health and Wellbeing: Healthy Lifestyles - 1. Grid A (focus: healthy eating) 2. Grid A (focus: bodies - physical activities, rest, dental health) 3. Grid B 4. Grid C 5. Grid D 6. Grid E Themes: Healthy lifestyles: Keeping our bodies healthy; likes/dislikes and choices; recognising and managing different feelings; personal hygiene	Theme - Relationships What we know so far Bullying Friendship Theme - Being Responsible What we know so far Practice makes perfect Water spillage Theme - Computer Safety What we know so far Online bullying Image sharing	Theme - Hazard Watch Is it safe to eat and drink? Is it safe to play with? Theme - Keeping and staying safe Road safety Tying Shoelaces Theme - Money matters
Year 2	Relationships: Feelings & emotions - Healthy Relationships - Themes: Feelings and emotions: recognise feelings in self; special people; behaviour and how people's bodies and feelings can be hurt - worry and anger - what can we do if we feel these emotions	Health and Wellbeing: Healthy Lifestyles - Themes: Healthy lifestyles: Keeping our bodies healthy; likes/dislikes and choices; recognising and managing different feelings; personal hygiene	Health and Wellbeing: Themes: Growing and changing: Change, loss and getting older; names of main body parts (including external genitalia); personal identity: likes; choices; strengths Keeping safe: What goes into our bodies; rules for keeping physically and emotionally safe; personal identity: family networks; people who are responsible for keeping us safe, different forms of media. <div>- Tying our shoelaces</div>	Living in the Wider Community: Themes: Rights and responsibilities: contributing to life in the classroom; constructing and following rules; awareness of needs of people and other living things; belonging to communities and groups Taking care of the environment: improvements and harm to local environments; ways of looking after local environments Money matters: sources of money; uses for money; spending and saving; role of money in their lives; managing money and keeping it safe; choices about spending; influences on spending choices

	<p>Healthy Relationships: secrets and surprises; working together; boundaries and relationships; resolving conflict; teasing and bullying</p> <p>Additional topics adapted to class: The Power of Yet – Growth Mindset introduction</p> <p>Practise makes perfect – Responsibility</p>	<p>Healthy eating</p> <p>Keeping our bodies healthy</p> <p>Brushing our teeth</p>	<p>Valuing difference: Attributes: kindness/fairness; sharing and respecting opinions;</p> <p>recognising and respecting similarities and differences</p> <p>E-safety – image sharing and keeping safe online</p>			
Year 3						
Year 4						
Year 5	<p>Keeping/Staying Safe:</p> <p>Peer Pressure</p> <p>Adults' and children's views</p>	<p>Keeping/Staying Healthy:</p> <p>Smoking</p> <p>Adults' and children's views</p>	<p>Being Responsible: Looking out for others</p> <p>Adults' and children's views</p>	<p>Feelings and Emotions:</p> <p>Anger</p> <p>Adults' and children's views</p>	<p>Computer Safety: Image sharing</p> <p>Growing and Changing: Puberty</p> <p>Adults' and children's views</p> <p>Appropriate touch (recap Y4)</p>	<p>The Working World: Enterprise</p> <p>Adults' and children's views</p> <p>A World without judgement: Inclusion and acceptance</p> <p>Adults' and children's views</p>
<p>Year 6</p> <p>1decision scheme – scheme started Spring 2020 so some units from Y4/5 will need to be covered for this year only</p>	<p>Keeping/Staying Safe</p> <p>- water safety (recap Y4/5 content)</p>	<p>Growing and Changing</p> <p>- conception (recap Y4/5 content)</p> <p>Follow SRE policy</p> <p>Being Responsible</p> <p>- stealing</p>	<p>Feelings and Emotions</p> <p>- worry</p>	<p>Computer Safety</p> <p>- making friends online (recap Y4/5 content)</p>	<p>The Working World</p> <p>- in-app purchases</p>	<p>A World Without Judgement</p> <p>- British Values (link to class text of Wonder)</p> <p>Keeping/Staying Healthy</p> <p>- Alcohol (moved to link with science) (recap Y4/5 content)</p>